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**CARMEL SWIM CLUB**  
**2010 WINTER INVITATIONAL presented by TYR**  
**January 15-17, 2010**



- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction # IN10102
- HOST:** Carmel Swim Club, 300 E. Main, Suite E, Carmel, IN 46032
- POOL:** IUPUI Natatorium, 901 W. New York Street, Indianapolis, Indiana
- FACILITY:** Competition Pools: two 25 yard pools, 8 lanes each with Competitor non-turbulent lane markers; Daktronics electronic timing equipment; custom designed starting blocks; continuous warm-up available in the diving well. Spectator seating in the west-side stands only. **ABSOLUTELY NO SMOKING IN THE BUILDING.**
- PARKING:** Paid parking will be available in the parking garage next to the Natatorium. Parking fees are set and collected by the University, not Carmel Swim Club or the Natatorium.
- RULES:** Current USA Swimming and Indiana Swimming rules will govern this meet. Please pay special attention to USA Swimming Rule 202.3.2 - ***At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.***
- ISI Swim Suit Legislation: USA Swimming Swim Suit Rule (102.9.1 B) wording shall be added to all ISI meet letters. This legislation modifies USA Swimming rule 102.9.1 as follows: ***In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.*** The referee shall have the authority to bar offenders from the competition until they comply with the rule.
- The 2009 USA Swimming Rules and Regulations will be our primary guidance and source.
- ELIGIBILITY:** Age as of January 15, 2010 will determine age for the meet. All swimmers must be currently registered with USA Swimming. These registration numbers must accompany entry. There will not be any USA Swimming registration at the meet. Coaches **MUST** constantly display their USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny access if coach does not comply.
- QUALIFYING TIME STANDARDS** 2009-2012 National Motivational "A" Time Standards for 15-16 year olds will be used for all OPEN swimmers.  
2009-2012 National Motivational "A" Time Standards will be used for swimmers 13&14.  
2009-2012 National Motivational "BB" Time Standards will be used for swimmers 11 & 12.  
2009-2012 National Motivational "B" Time Standards will be used for swimmers 10 and younger, except that 2009-2012 National Motivational "BB" Time Standards will be used for events 15 & 16 (200 IM) and events 63 & 64 (200 Freestyle). (Refer to page 6 for specific standards for each event.) Please note that 13-14 events and Open events may be swum in separate pools. We will not delay the meet for any swimmers entered in Age Group and Open events. A swimmer may not compete in the same event, timed final, or preliminary, more than one time during this meet. Carmel Swim Club reserves the right to swim any of its own club members who have not achieved the minimum time standards.

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**FORMAT:**

**All Friday events, Saturday and Sunday 10-under events, and all relays, are timed finals.** The 1650 Free will be swum fastest to slowest seeded heats. **All 1650 swimmers are required to provide one timer and one lap counter.**

A minimum of 32 swimmers per event will swim events #1 & 2 (Open 1650 Free). A minimum of 8 heats will be swum for events #3 & 4 (11-12 200 IM). A minimum of 6 heats will be swum for events #5 & 6 (Open 400 IM) and 11 & 12 (Open 500 Free). A minimum of 4 heats will be swum for events #7 & 8 (13-14 400 IM), #9 & 10 (11-12 500 Free) and #13 & 14 (13-14 500 Free). If time line allows, additional heats may be added. Please refer to the psych sheet which will be posted at [www.carmelswimclub.org](http://www.carmelswimclub.org) on Monday January 11, 2010 to determine if you are swimming. Please check there for any limits to the number of heats on Friday.

**Carmel Swim Club reserves the right to limit the number of heats in all individual events. There will be refunds for any limited event.**

Preliminaries will be conducted Saturday and Sunday mornings for Open events, and Saturday and Sunday afternoons for 11-12 and 13-14 events. There will be consolation and championship finals for 11-12 and 13-14 age groups. There will be bonus, consolation and championship finals for the Open age group. All relays will be swum in the preliminary session. There will be no time trials.

**Carmel Swim Club reserves the right to use fly-over starts for any or all events Friday, Saturday and Sunday, except Finals on Saturday and Sunday. There will be refunds for any limited event.**

USA Swimming Championship rules shall apply with the following exceptions: **swimmers who miss a heat in preliminaries or timed finals will not incur penalties, however the swimmer will not be placed into an open lane in a different heat.**

**ENTRIES:**

Enter each swimmer with their full first name, last name, age and USA Swimming # on the entry. All times must be completed to the hundredth of a second and submitted in SCY times. If a swimmer has not achieved the short course yards time standard for a timed final event, non-conforming times will be accepted; however, they will be seeded first followed by conforming times.

**Each swimmer in the 11-12, 13-14 and Open Age Groups will be limited to 3 individual events and 1 relay per day** (a swimmer may not swim in both a 13-14 and Open relay on the same day). **Swimmers in the 10-Under Age Group will be limited to 4 individual events and 1 relay per day.** If a swimmer in the 11-12, 13-14 or Open Age Group is entered in more than 3 individual events and 1 relay per day and does not scratch back to 3 events by the scratch deadline, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. If a swimmer in the 10- Under Age Group is entered in more than 4 individual events and 1 relay per day and does not scratch back to 4 individual events by the scratch deadline, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. There will be no refunds. **All entries not submitted via E-mail or on CD will be subject to a \$25.00 data processing fee.** Carmel Swim Club has the sole discretion to determine which entries to accept. In exercising this discretion, Carmel Swim Club will consider: number of officials provided by team, balance of age groups and gender in entries, level of competition and geographic location. **NOTE: Indiana Boys and Girls High School Swimmers will require a waiver from IHSAA.**

**DEADLINE:**

Our past experience is that this meet fills very quickly! **We highly recommend using e-mail or some form of express mail to deliver your entry, i.e., Federal Express, Overnight Mail, etc...** If you want confirmation of acceptance, please include a stamped, self-addressed post card. Entries **will not be accepted before 8 AM, December 7, 2009.** Entries must be delivered by the US Postal service, nationally recognized courier service or via E-mail. **NO HAND DELIVERIES, NO TELEPHONE ENTRIES AND NO FAX ENTRIES!** **The final entry date for entries to be received is by 6:00 pm, December 28, 2009.** Teams not accepted will have their entries returned as soon as possible, but no later than December 30, 2009 via E-mail or US postal depending on form of entry. In the event the meet is not full, the deadline will be extended until such time as it is full. We will accept changes or additions until Friday, January 8, 2010 by 5:00pm with no penalty. All entries submitted after this deadline will be considered deck entries and subject to that fee.

**NO PHONE OR FAX UPDATES WILL BE ACCEPTED!** No team entry will be broken.

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This meet will be run with the Hytek Meet Manager program. CD-Rom disks will be accepted using the Hytek COMMLINK program (do not forget to "age up" swimmers). A printed copy **must** accompany the disk. The printed copy is the final word in any disputes involving entries.

**ENTRY FEES:**

All fees must accompany entry. Please make check payable to: **Carmel Swim Club.**

Individual timed final events:     **\$4.00** per event  
Individual Prelims/Finals-Events: **\$5.00** per event  
Relay Events:                         **\$6.00** per relay

There is a **\$1.50 per swimmer, per meet, Indiana Swimming Surcharge** that will need to accompany each entry. There is also a **\$1.00 per swimmer, per meet, IUPUI Natatorium Swimmer-Surcharge** that will need to accompany each entry.

Mail entries, fees and USA Swimming Numbers to the Entry Chairperson:

**Bethany Burchill**  
**10418 Lasalle Road**  
**Carmel, Indiana 46033**  
**(317) 473-0854**

E-mail: [bburchill@carmeldadsclub.org](mailto:bburchill@carmeldadsclub.org)

**DECK ENTRIES:**

Deck entries for individual events will be accepted starting Thursday, January 14, 2010, at the discretion of the Carmel Swim Club and space permitting. Deck entries will be accepted until 30 minutes before the session is scheduled to start. Deck entries will be entered as "NO TIMES." Entry fee for deck entries is \$8.00 per individual timed final event and \$10.00 per individual event.

No deck entries will be permitted for events which have been limited.

**POSITIVE CHECK-IN:**

**All Friday events require positive check-in.** Positive Check-in means "I am here and I intend to swim this event". Check-in sheets will be located at the security desk on the deck level. **All swimmers not declaring intent to swim via check-in will be scratched.**

**Deadline for 1650 Check-In:                     1:00 PM Friday**  
**All other Friday events:                         4:00 PM Friday**  
**Deadline for 10 & under 200 IM:               7:15 AM Saturday**  
**Deadline for 10 & under 200 Free:             7:15 AM Sunday**

Failure to check-in will jeopardize your opportunity to swim those events.

**SCRATCHES:**

In all individual events on Saturday & Sunday, the swimmers are assumed to be swimming unless they have been scratched from the event. A missed heat or late arrival will deprive swimmers of their opportunity to swim that event. Scratch forms will be available at the Clerk of Course Scratch Table.

**Deadlines:     Saturday Session Events:                 6:15 PM Friday**  
**Sunday Session Events:                     6:15 PM Saturday**

If you will not be at the competition facility on Friday evening, we will accept scratches for Saturday Morning session events by phone up to 6:00 PM on Thursday, January 14, 2010. Please contact the Entry Chair to make these scratches.

**SEEDING EVENTS:**

Seeding of Friday events will be made at the close of the positive check-in period on Friday. Please check the psych sheet (posted on [www.carmelclub.org](http://www.carmelclub.org) on Monday January 11) for the limit to the number of heats for each event. Seeding of Saturday and Sunday AM prelim sessions will be done on Friday and Saturday night respectively. Seeding of Saturday and Sunday PM prelim sessions will be done no later than 11:00 AM on each day.

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**Scratches from Finals:** USA Swimming Championship rules shall apply (ref. Article 207.12.10 C, D & E of 2009 USA Swimming Rules and Regulations). ***Swimmers qualifying for Finals, or Final, based on the results of the preliminaries, must notify the referee or designee within 30 minutes after the announcement of the qualifiers for that race that they do not intend to compete. Failure to declare, and not swim in a Sunday finals event, shall result in a \$25 fine.***

**RELAYS:** Relay cards must list the full name of swimmers competing on the relay (improperly filled out relay cards may result in the relay failing to swim). Include alternates if appropriate. Relay cards shall be returned to the Clerk of Course **one hour after the start of the session**. Relays are assumed to be swimming unless a coach marks SCRATCH on the relay card and turns it in to the Clerk of Course.

**FINAL RESULTS:** Copies may be ordered at the meet for \$8.00. Final results will also be posted at the CSC website at [www.carmelclub.org](http://www.carmelclub.org).

\_\_\_\_\_ Meet Manager Backup (e-mailed)

\_\_\_\_\_ Team Manager .cl2 file (e-mailed)

\_\_\_\_\_ All of the above

E-mail address to send above to: \_\_\_\_\_

**SCORING:** 10-Under, 11-12, 13-14 & Open individual events score Top 16 from finals.  
All Age Groups score Top 8 for relays

**AWARDS:** Open and 13-14: No individual event awards.  
10-Under and 11-12: Ribbons will be awarded for 1<sup>st</sup> through 16<sup>th</sup> places in individual events.  
Ribbons will be awarded for relay places 1<sup>st</sup> through 8<sup>th</sup>.

Visiting Team: 1<sup>st</sup> - \$350 Travel Fund Contribution  
2<sup>nd</sup> - \$250 Travel Fund Contribution  
3<sup>rd</sup> - \$150 Travel Fund Contribution

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> High point award in each Age Group.

**\* Awards will not be mailed.\***

**FACILITY NOTE:** The IUPUI Natatorium is one of the finest swimming facilities in the world. It is important that all people attending this meet, whether it be swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

- 1) Keep all trash picked up
- 2) Do not go or let children go, in any unauthorized areas. This means any place other than the lobby, seating areas, steps to the deck. Elevators and steps going upstairs are off limits. Due to USA Swimming insurance requirements **only** swimmers, coaches, officials and volunteers are allowed on deck. **There can be no exceptions!**

**ABSOLUTELY NO FLASH PHOTOGRAPHY AT THE STARTS OF RACE-HEATS! Doing so could possibly confuse competitors.**

The Carmel Swim Club will have security people roaming the spectator areas, deck and locker room areas. If any spectator or swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further admittance or competition.

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**SCHEDULE:** *(All times are Eastern Standard Time.)*

**Friday, January 15th:**

1650 Warm-ups:	1:00 PM	Meet starts:	2:00 PM
Warm-ups:	3:45 PM	Meet starts:	5:00 PM

**Preliminaries on Saturday, January 16th and Sunday, January 17th:**

**Morning session (Open and 10-Under):**

Warm-ups:	6:30 AM	Meet starts:	8:00 AM
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**Afternoon session (11-12 and 13-14):**

Warm-ups:	not before noon	Meet starts:	not before 1 PM
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**Finals Sessions:**

**Saturday: (all times are approximate)**

Warm-ups:	not before 5:00 PM	Meet starts:	not before 6:00 PM
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**Sunday: (all times are approximate)**

Warm-ups:	not before 4:30 PM	Meet starts:	not before 5:30 PM
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***Please note the diving well will be reserved for continuous practice and/or warm-ups and warm-downs throughout the event. Swimmers using the well must be monitored by their Coaches. Any swimmer abusing equipment or playing in the well will be removed and barred from further use. Please share this info with your swimmers.***

**ADMISSION:** Admission will be charged for preliminaries. Children 10 and under are free. No admission charge for finals.

**HEAT SHEETS:** Heat sheets will be available for purchase by spectators.

**CONCESSIONS:** Natatorium concessions are available. NO SMOKING permitted in the building.

<b>MEET DIRECTORS:</b>	Lisa Sheets	Paul Williams
	959 Dayton Drive	4524 Brookshire Pkwy
	Carmel, IN 46033	Carmel, IN 46033
	(317) 575-8244	(317) 569-8735
	<a href="mailto:carmelwimclub@aol.com">carmelwimclub@aol.com</a>	<a href="mailto:pwpics@aol.com">pwpics@aol.com</a>

**MEET REFEREE:** April Stauder  
256 Hawthorne Dr  
Carmel, IN 46033  
(317) 580-1260  
[astauder@indy.rr.com](mailto:astauder@indy.rr.com)

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**Friday, January 15**  
**SESSION 1**

1650 Only: Warm-up 1:00 pm, Meet Starts at 2:00 pm E.S.T.:

Girls	Cut	Age Grp	Event	Cut	Boys
1	19:58.89	Open	*1650 Free	18:47.99	2

\* Timed final event, swum fastest to slowest. The 1000 yard splits will be recorded.

**SESSION 2**

Warm up not before 3:45, Meet starts 5:00 EST:

3	2:50.69	11-12	*200 IM	2:49.39	4
5	5:09.89	Open	*400 IM	4:47.79	6
7	5:17.79	13-14	*400 IM	5:00.49	8
9	6:40.09	11-12	*500 Free	6:35.09	10
11	5:47.39	Open	*500 Free	5:24.29	12
13	5:52.99	13-14	*500 Free	5:35.19	14

\* Timed final event.

**Saturday, January 16**  
**SESSION 3**

Morning Session, Warm-ups 6:15—Meet Starts 8 am

Girls	Cut	Age Grp	Event	Cut	Boys
15	3:19.39	10-Un	*200 IM	3:18.09	16
17	2:26.99	Open	200 IM	2:15.09	18
19	39.79	10-Un	*50 Fr	38.89	20
21	1:00.79	Open	100 Fr	55.19	22
23	1:57.49	10-Un	*100 Fly	1:55.19	24
25	2:24.49	Open	200 Fly	2:13.39	26
27	53.59	10-Un	*50 Br	53.59	28
29	1:15.69	Open	100 Br	1:08.89	30
31	1:45.69	10-Un	*100 Bk	1:42.89	32
33	2:23.89	Open	200 Bk	2:12.39	34
35		10-Un	*200 F.R.		36
37		Open	*200 F.R.		38

\*Timed Final event. All heats swum in preliminary session.

**Sunday, January 17**  
**SESSION 6**

Morning Session, Warm-ups 6:15—Meet starts at 8 am

Girls	Cut	Age Grp	Event	Cut	Boys
63	2:58.29	10-Un	*200 Free	2:50.89	64
65	2:10.39	Open	200 Free	2:00.09	66
67	48.79	10-Un	*50 Fly	47.29	68
69	1:06.29	Open	100 Fly	1:00.09	70
71	1:59.99	10-Un	*100 Br	1:55.69	72
73	2:42.79	Open	200 Br	2:30.09	74
75	48.79	10-Un	*50 Bk	49.19	76
77	1:06.59	Open	100 Bk	1:01.09	78
79	1:31.29	10-Un	*100 Fr	1:29.19	80
81	27.99	Open	50 Fr	25.29	82
83		10-Un	*200 M.R.		84
85		Open	*200 M.R.		86

\*Timed Final event. All heats swum in preliminary session.

**SESSION 4**

Afternoon Session, Meet starts not before 1 PM

39	2:31.49	11-12	200 Fr	2:27.49	40
41	2:30.49	13-14	200 IM	2:20.29	42
43	31.89	11-12	50 Fr	30.99	44
45	1:02.19	13-14	100 Fr	57.39	46
47	1:20.19	11-12	100 Fly	1:18.69	48
49	2:28.59	13-14	200 Fly	2:20.29	50
51	40.89	11-12	50 Br	40.79	52
53	1:17.59	13-14	100 Br	1:12.09	54
55	1:21.09	11-12	100 Bk	1:19.09	56
57	2:27.29	13-14	200 Bk	2:18.19	58
59		11-12	*200 F.R.		60
61		13-14	*200 F.R.		62

\*Timed Final event. All heats swum in preliminary session.

**SESSION 7**

Afternoon Session, Meet starts not before 1 PM

87	2:13.79	13-14	200 Free	2:05.29	88
89	35.09	11-12	50 Fly	35.19	90
91	1:07.79	13-14	100 Fly	1:02.89	92
93	1:29.29	11-12	100 Br	1:27.79	94
95	2:46.79	13-14	200 Br	2:36.29	96
97	36.79	11-12	50 Bk	36.49	98
99	1:08.49	13-14	100 Bk	1:04.19	100
101	1:08.29	11-12	100 Fr	1:07.89	102
103	28.69	13-14	50 Fr	26.29	104
105		11-12	*200 M.R.		106
107		13-14	*200 M.R.		108

\*Timed Final event. All heats swum in preliminary session.

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**Saturday Finals Event Order**

**SESSION 5**

Girls	AgeGrp	Event	Boys
39	11-12	200 Fr	40
41	13-14	200 IM	42
17	Open	200 IM	18
43	11-12	50 Fr	44
<b>45</b>	<b>13-14</b>	<b>100 Fr</b>	<b>46</b>
21	Open	100 Fr	22
47	11-12	100 Fly	48
49	13-14	200 Fly	50
25	Open	200 Fly	26
51	11-12	50 Br	52
53	13-14	100 Br	54
29	Open	100 Br	30
55	11-12	100 Bk	56
57	13-14	200 Bk	58
33	Open	200 Bk	34

**Sunday Finals Event Order**

**SESSION 8**

Girls	AgeGrp	Event	Boys
87	13-14	200 Fr	88
65	Open	200 Fr	66
89	11-12	50 Fly	90
91	13-14	100 Fly	92
69	Open	100 Fly	70
93	11-12	100 Br	94
95	13-14	200 Br	96
73	Open	200 Br	74
97	11-12	50 Bk	98
99	13-14	100 Bk	100
77	Open	100 Bk	78
101	11-12	100 Fr	102
103	13-14	50 Fr	104
81	Open	50 Fr	82



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**Carmel Swim Club welcomes and appreciates any of your Clubs' Officials who might be interested in officiating at our Meet.**

Please indicate the names of any officials who would be willing to help officiate at the meet and the session they would be willing to work:

<u>Name</u>	Phone # & EMAIL (if known)
1. _____ Session: Fri.:__ Sat.AM:__ Sat.PM:__ Sat. Final:__ Sun.AM:__ Sun.PM:__ Sun Final:__	
2. _____ Session: Fri.:__ Sat.AM:__ Sat.PM:__ Sat. Final:__ Sun.AM:__ Sun.PM:__ Sun Final:__	
3. _____ Session: Fri.:__ Sat.AM:__ Sat.PM:__ Sat. Final:__ Sun.AM:__ Sun.PM:__ Sun Final:__	
4. _____ Session: Fri.:__ Sat.AM:__ Sat.PM:__ Sat. Final:__ Sun.AM:__ Sun.PM:__ Sun Final:__	
5. _____ Session: Fri.:__ Sat.AM:__ Sat.PM:__ Sat. Final:__ Sun.AM:__ Sun.PM:__ Sun. Final:__	
6. _____ Session: Fri.:__ Sat.AM:__ Sat.PM:__ Sat. Final:__ Sun.AM:__ Sun.PM:__ Sun. Final:__	

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**Hotel Information**

**Sheraton Indianapolis City Centre Hotel**

Mitch Divens, Associate Director of Sales  
31 W. Ohio Street  
Indianapolis, IN 46204  
T: 317-236-2517  
F: 317-236-2534

[www.sheraton.com/indianapoliscitycentre](http://www.sheraton.com/indianapoliscitycentre)

The hotels below are located on the north side of Indianapolis:

<b>Radisson Carmel</b> , 251 Pennsylvania Pkwy,	(317)574-4600
<b>Hampton Inn</b> , 12197 N. Meridian St.,	(317)843-1110
<b>Marriott Courtyard Inn</b> , 10290 N. Meridian St.,	(317)571-1110
<b>Doubletree Guest Suites</b> , 11355 N. Meridian St.,	(317)844-7994
<b>Comfort Inn Suites</b> , 151 <sup>st</sup> Street & US 31,	(317)575-0000
<b>Amerisuites</b> , Keystone at the Crossing	(317)843-0064
<b>Sheraton</b> , Keystone at the Crossing.	(317)846-2700